

Learn & Grow Child Care Center Menu

Week 1

Mon	Tue	Wed	Thur	Fri
Breakfast				
Waffles	Belvita Bites	Cereal	French Toast Sticks	Cereal
Apples	Applesauce	Bananas ©	Apples	Oranges @ ©
Milk	Milk	Milk	Milk	Milk
Lunch				
Pulled Pork	Chicken Stir Fry	Frito Chili Pie w/ Beans	Mini Tacos	Chicken Nuggets
Baked Beans	Steamed Broccoli ©	Raw Carrots@ w/ Ranch	Corn	Green Beans
Mandarin Oranges @©	Applesauce	Peaches @	Pineapple ©	Fruit Use Up
Rolls	Rice	Corn Chips	Nacho Cheese Sauce	
Milk	Milk	Milk	Milk	Milk
PM Snack				
Brownies	Peanut Butter Crackers	Ritz Crackers	Club Crackers	Graham Crackers
			Fruit Snacks	
Milk	Juice ©	Juice ©	Water	Milk

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Week 2

Mon	Tue	Wed	Thur	Fri
Breakfast				
Special K Pastry Crisps Oranges @ © Milk	Pancakes Applesauce Milk	Cereal Bananas © Milk	Biscuits & Gravy Apples Milk	Cereal Oranges @ © Milk
Lunch				
Chicken & Cheese Sandwich Raw Carrots@ w/ Ranch Applesauce Buns Milk	Hot Dogs Corn Pineapple © Hot Dog Buns Milk	Chicken & Noodle Casserole Steamed Broccoli © Peaches @ Egg Noodles Milk	Dino Chicken Nuggets Green Beans Mandarin Oranges @© Milk	Taco Fiesta Salad @ w/ Ranch Fruit Use Up Corn Chips Milk
PM Snack				
Animal Crackers Milk	Tortilla Chips Picante Sauce Juice ©	Sun Chips Juice ©	Granola Bars Milk	Goldfish Crackers Juice ©

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Week 3

Mon	Tue	Wed	Thur	Fri
Breakfast				
Pop Tarts Applesauce Milk	French Toast Sticks Oranges @ © Milk	Cereal Bananas © Milk	Nutri Grain Bars Apples Milk	Donuts Applesauce Milk
Lunch				
Fish Sticks Green Beans Mandarin Oranges @© Milk	Chicken Pizza Corn Peaches @ Milk	Meatballs w/ BBQ Sauce Salad @ w/ Ranch Applesauce Bread & Butter Milk	Chicken Stir Fry Steamed Broccoli © Pineapple © Rice Milk	Mini Tacos Raw Carrots @ w / Ranch Fruit Use Up Nacho Cheese Sauce Milk
PM Snack				
Cookies Milk	Cheez It's Crackers Juice ©	Popcorn String Cheese Water	Graham Crackers Milk	Ritz Crackers Juice ©

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Week 4

Mon	Tue	Wed	Thur	Fri
Breakfast				
Belvita Bites Applesauce Milk	Muffins Apples Milk	Cereal Bananas © Milk	Pancakes Oranges @ © Milk	Cereal Apples Milk
Lunch				
Chicken Nuggets Corn Pineapple © Milk	Chicken Ditalini Alfredo Steamed Broccoli © Peaches @ Ditalini Pasta Milk	Pizza Bites w/ Ranch Salad @ w/ Ranch Mandarin Oranges @© Milk	Sloppy Joes Green Beans Applesauce Buns Milk	Chicken & Cheese Sandwich Fresh Veggies@ w/ Ranch Fruit Use Up Buns Milk
PM Snack				
Granola Bars Milk	Peanut Butter Crackers Juice ©	Sun Chips Juice ©	Brownies Milk	Club Crackers Juice ©

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Week 5

Mon	Tue	Wed	Thur	Fri
Breakfast				
Pop Tarts Oranges @ © Milk	Donuts Apples Milk	Cereal Bananas © Milk	Waffles Applesauce Milk	Nutri Grain Bars Oranges @ © Milk
Lunch				
Mini Corn Dogs Raw Carrots @ w / Ranch Peaches @ Milk	BBQ Chicken Baked Beans Mandarin Oranges © Rolls Milk	Lasagna Salad @ w/ Ranch Applesauce Milk	Chicken Stuffing Bake Steamed Broccoli © Pineapple © Stuffing Milk	Meatballs w/ BBQ Sauce Corn Fruit Use Up Bread & Butter Milk
PM Snack				
Rice Krispie Treats Milk	Teddy Bear Mix Milk	Goldfish Crackers Juice ©	Tortilla Chips Picante Sauce Juice ©	Cheeze It's Crackers Milk