



Learn & Grow Child Care Center

Menu Week: September 13 - 17

| Mon (13) | Tue (14) | Wed (15) | Thu (16) | Fri (17) |
|------------------|----------------|------------------------|--------------------------------------|---------------------------------------|
| BREAKFAST | | | | |
| Pop Tarts | Bagels | Cereal | Nutri-Grain Bars | Toasted Oatmeal Bread |
| Oranges © | Strawberries © | Bananas © | Pears | Apples |
| Milk | Milk | Milk | Milk | Milk |
| Notes: | | | | |
| LUNCH | | | | |
| Fish Sticks | Ham | Sloppy Joes | Chicken Pizza | Shepherd's Pie w/ Mixed Vegetables |
| Corn | Baked Beans | French Fries | Salad w/ Ranch @ | Mashed Potatoes w/ Brown Gravy |
| Applesauce | Pineapple © | Peaches @ | Tropical Fruit @ © | Mandarin Oranges © |
| Milk | Cornbread | Hamburger Buns | Milk | Rolls |
| | Milk | Milk | | Milk |
| Notes: | | | | |
| PM SNACK | | | | |
| Cereal | Crackers | Butterscotch Crunchies | Tortilla Wraps w/ Turkey & Cheese | Rice Krispie Treats |
| Milk | Fruit Leather | Milk | Water | Milk |
| | Water | | | |
| Notes: | | | | |