



Learn & Grow Child Care Center

Menu Week: October 18 - 22

Mon (18)	Tue (19)	Wed (20)	Thu (21)	Fri (22)
BREAKFAST				
Pop Tarts	Bagels	Cereal	Nutri-Grain Bars	Toasted Oatmeal Bread
Pears	Applesauce	Bananas ©	Oranges ©	Apples
Milk	Milk	Milk	Milk	Milk
Notes:				
LUNCH				
Turkey Fritters	Pork Roast	Chicken Noodle Casserole	Lasagna	Taste Loose Meat Sandwich
Mashed Potato w/ Skillet Gravy	Baked Beans	Corn	Green Beans @	French Fries
Mandarin Oranges ©	Pineapple ©	Peaches @	Fruit Cocktail	Tropical Fruit @ ©
Roll	Cornbread	Milk	Milk	Hamburger Buns
Milk	Milk			Milk
Notes:				
PM SNACK				
Cereal	Crackers	Butterscotch Crunchies	Tortilla Wraps w/ Turkey & Cheese	Rice Krispie Treats
Milk	Fruit Leather	Milk	Water	Milk
	Water			
Notes:				