



Learn & Grow Child Care Center

Weekly Plan 19 July 2021 - 23 July 2021

Mon (19)	Tue (20)	Wed (21)	Thu (22)	Fri (23)
BREAKFAST				
Pancakes	Biscuits & Jelly	Cereal	Monkey Bread	Bagels (i)
Applesauce	Oranges (c)	Bananas (c)	Apples	Peaches @ Milk
Milk	Milk	Milk	Milk	
Notes	Notes	Notes	Notes	Notes
LUNCH				
Hot Dogs	Chicken Fajitas	Beef & Noodles (i)	Ham & Grilled Cheese Sandwich (i)	Goulash (i)
Carrots, Raw w/ Ranch @	Salad w/ Ranch @	Green Beans @	Corn	Broccoli Steamed (c)
Mandarin Oranges(c)	Pears	Fruit Cocktail	Pineapple (c)	Tropical Fruit @ (c)
Hot Dog Buns (i)	Milk	Milk	Milk	Milk
Notes	Notes	Notes	Notes	Notes
PM SNACK				
Rice Krispie Treats	Pretzel Sticks	Yogurt	Tortilla Chips	Fruit Bars
Milk	Watermelon	Strawberries(c)	Nacho Cheese	Toasted Ritz Crackers
		Water	Juice (c)	
Notes	Notes	Notes	Notes	Notes