



# Learn & Grow Child Care Center

January 13 - 17

Mon (13)	Tue (14)	Wed (15)	Thu (16)	Fri (17)
<b>BREAKFAST</b>				
Pancakes	Donuts	Cereal	Oatmeal	Cereal
Apples	Applesauce	Bananas ©	Oranges ©	Bananas ©
Milk	Milk	Milk	Milk	Milk
<b>LUNCH</b>				
Pizza Bites	Ham	Chicken Pizza	Frito Chili Pie	Chicken Teriyaki Stir Fry
Corn	Green Beans	Salad @ w/ Ranch	Raw Carrots @	Broccoli, Steamed ©
Mandarin Oranges ©	Pineapple ©	Pears	Peaches @	Mixed Fruit
Milk	Rolls	Milk	Corn Chips	Rice
	Milk		Milk	Milk
<b>PM SNACK</b>				
Rice Krispie Treats	Pretzels	Peanut Butter Dip	Teddy Bear Mix	Goldfish Crackers
Milk	String Cheese	Apples	Milk	Juice ©
	Water	Water		



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January 20 - 24

Mon (20)	Tue (21)	Wed (22)	Thu (23)	Fri (24)
<b>BREAKFAST</b>				
Waffles	Muffins	Cereal	Toast w/ Cinnamon & Sugar	Cereal
Oranges ©	Apples	Bananas ©	Applesauce	Bananas ©
Milk	Milk	Milk	Milk	Milk
<b>LUNCH</b>				
Pulled Pork	Chicken Fettuccini Alfredo	Meatloaf	Chicken Nuggets w/Ketchup & BBQ	Pasta Os & Hot Dogs
Baked Beans	Broccoli, Steamed ©	Green Beans	Peas @	Corn
Pears	Peaches @	Mandarin Oranges ©	Pineapple ©	Mixed Fruit
Buns	Milk	Rolls	Milk	Milk
Milk		Milk		
<b>PM SNACK</b>				
Brownies	Peanut Butter Crackers	Yogurt	Fresh Vegetables @ w/ Ranch	Club Crackers
Milk	Milk	Fruit Snacks	Ritz Crackers	Juice ©
		Water	Water	



# Learn & Grow Child Care Center

January 27 - 31

Mon (27)	Tue (28)	Wed (29)	Thu (30)	Fri (31)
<b>BREAKFAST</b>				
Special K Pastry Crisps	English Muffins w/ Jelly	Cereal	French Toast Sticks	Cereal
Applesauce	Oranges ©	Bananas ©	Apples	Bananas ©
Milk	Milk	Milk	Milk	Milk
<b>LUNCH</b>				
Shrimp Poppers w/Ketchup	Meatballs	Tacos	Ravioli w/sauce	Chicken & Noodle Casserole
Raw Carrots @	Green Beans	Salad @ w/Ranch	Corn	Peas @
Pineapple ©	Pears	Peaches @	Mandarin Oranges ©	Mixed Fruit
Milk	Bread & Butter	Tortillas	Milk	Milk
	Milk	Milk		
<b>PM SNACK</b>				
Animal Crackers	Tortilla Chips	Popcorn	Granola Bars	Sun Chips
Milk	Picante Sauce	String Cheese	Milk	Juice ©
	Water	Water		