



Learn & Grow Child Care Center

Menu: Jan. 30 – Feb. 3

Mon (30)	Tue (31)	Wed (1)	Thu (2)	Fri (3)
BREAKFAST				
Pop Tarts	Bagels	Cereal	Nutri-Grain Bars	Pancake Sausage On a Stick
Oranges ©	Strawberries ©	Bananas ©	Pears	Apples
Milk	Milk	Milk	Milk	Milk
Notes:				
LUNCH				
Fish Sticks	Ham	Sloppy Joes	Chicken Slider w/ Hamburger Buns	Shepherd's Pie w/ Mixed Vegetables
Corn	Baked Beans	French Fries	Salad w/ Ranch @	Mashed Potatoes w/ Brown Gravy
Applesauce	Pineapple ©	Peaches @	Tropical Fruit @ ©	Mandarin Oranges ©
Milk	Cornbread	Hamburger Buns	Milk	Rolls
	Milk	Milk		Milk
Notes:				
PM SNACK				
Cereal	Wheat Thins	Puppy Chow	Rice Krispie Treats	Tortilla Wraps w/ Turkey & Cheese
Milk	Fruit Snack	Milk	Milk	Water
	Water			
Notes:				